

Bachelor of Science in Physical Education -- University of Science and Arts of Oklahoma

Interdisciplinary Studies (IDS) (44 hours)			Hours	Trimester				Hours	Trimester
IDS 1003	First Year Seminar		3	_____	IDS 2013	Foundations of Physical Science		3	_____
IDS 1133	The Individual in Contemporary Society		3	_____	IDS 2023	Foundations of Life Science		3	_____
IDS 1113	Introduction to College Writing		3	_____	IDS 2011	Foundations of Science Lab		1	_____
IDS 1213	Writing about Literature		3	_____	IDS 2133	American Civilization I		3	_____
IDS 1223	Mathematics in the Modern World		3	_____	IDS 2143	American Civilization II		3	_____
Artistic Expression -- 2 hours					IDS 3223	Political and Economic Systems and Theories		3	_____
_____	_____		_____	_____	IDS 3313	World Thought and Culture I		3	_____
_____	_____		_____	_____	IDS 3323	World Thought and Culture II		3	_____
Physical Expression -- 2 hours					IDS 4333	World Thought and Culture III		3	_____
PHED 1011	Concepts of Health and Fitness		1	_____					
_____	_____		_____	_____					
Physical Education Major (42 hours)									
42 hours in Physical Education Required Courses									
Physical Education Required Courses -- 42 - 43 hours			Hours	Trimester	Elective Courses -- 37 hours			Hours	Trimester
PHED 1011	Concepts of Health and Fitness		1	_____	_____	_____		_____	_____
PHED 1061	Folk, Square, and Social Dance		1	_____	_____	_____		_____	_____
PHED 1111 or	Beginning Swimming or		1	_____	_____	_____		_____	_____
PHED 1132	Water Safety Instruction		2	_____	_____	_____		_____	_____
PHED 1222	Foundations of Physical Education		2	_____	_____	_____		_____	_____
PHED 1233	Personal Health		3	_____	_____	_____		_____	_____
PHED 1322	Fundamentals of Team Sports		2	_____	_____	_____		_____	_____
PHED 1422	Fundamentals of Individual Sports		2	_____	_____	_____		_____	_____
PHED 2223	First Aid and Civil Defense		3	_____	_____	_____		_____	_____
PHED 2233	Community and Consumer Health		3	_____	_____	_____		_____	_____
PHED 2313	Prevention and Care of Athletic Injuries		3	_____	_____	_____		_____	_____
PHED 2433	Human Anatomy and Physiology		3	_____	_____	_____		_____	_____
PHED 3213	Kinesiology		3	_____	_____	_____		_____	_____
PHED 3333	Physical Education in Elementary School		3	_____	_____	_____		_____	_____
PHED 3342	Sports Officiating		2	_____	_____	_____		_____	_____
PHED 4102	Organization and Administration of Phys. Ed.		2	_____	_____	_____		_____	_____
PHED 4212	Adapted Physical Education		2	_____	_____	_____		_____	_____
PHED 4223	Measurement and Evaluation in Phys. Ed.		3	_____	_____	_____		_____	_____
PHED 4313	Physiology of Exercise		3	_____	_____	_____		_____	_____

Computer proficiency is required

A minimum of 122 hours is required

A minimum of 40 hours of upper division work is required

The physical education major exit exam is required

Degree requirements effective July 2023

